

## The Twelve Fruits of the Holy Spirit



“Therefore I tell you, the kingdom of God will be taken away from you and given to a nation producing the fruits of it.”  
— Matthew 21:43 RSV

“For freedom Christ has set us free; stand fast therefore, and do not submit again to a yoke of slavery. For the whole law is fulfilled in one word, ‘You shall love your neighbor as yourself.’ But if you bite and devour one another take heed that you are not consumed by one another. But I say, walk by the Spirit, and do not gratify the desires of the flesh. For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh; for these are opposed to each other, to prevent you from doing what you would. But if you are led by the Spirit you are not under the law. Now the works of the flesh are plain: fornication, impurity, licentiousness, idolatry, sorcery, enmity, strife, jealousy, anger, selfishness, dissension, party spirit, envy, drunkenness, carousing, and the like. I warn you, as I warned you before, that those who do such things shall not inherit the kingdom of God. But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such there is no law. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also walk by the Spirit. Let us have no self-conceit, no provoking of one another, no envy of one another.”

— Galatians 5:1, 14-25 RSV

## The Twelve Fruits of the Holy Spirit

- Charity
- Joy

- Peace
- Patience
- Benignity (kindness)
- Goodness
- Long-suffering (patient suffering over an extended period)
- Mildness
- Faith
- Modesty
- Continency (self-restraint or abstinence)
- Chastity

Endnote:

Photo, courtesy of the Library of Congress, <http://lcweb2.loc.gov>

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When a people lose their history they lose a part of who they are.  
It's time to reclaim your heritage.

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